

Love & Learn Home-Based Curriculum Correlation to HSELOF & Ages 0-36 months



frögstreet

Love & Learn Home-Based Curriculum

Correlation to HSELOF ♦ Ages 0-36 months

Head Start Early Learning Outcomes Framework (HSELOF)	Frog Street Love & Learn Home-Based Curriculum		
APPROACHES TO LEARNING	Ages 0-12 months	Ages 8-18 months	Ages 18-36 months
ATL-1. Manages feelings and emotions.	Parent Education Calming Baby: Learning to Self-Soothe Texture Touch: The Sense of Touch Learning Experiences Body Language: Read the Message Building Trust: Goodnight Baby Calming Baby: Hug Me	Parent EducationBuilding Trust: Understanding Your Baby'sCryColors: Colors Affect How We FeelFeelings: Your Child's FeelingsInteracting with Others: Separation AnxietyManaging Emotions: How to Handle aTantrumMy Family: Developing Social SkillsLearning ExperiencesBuilding Trust: I Am Always Close	Parent Education Controlling Emotions: Become Your Child's Emotional Coach Feelings: We All Have Feelings Gentle Touches: What to Do If Your Child Hits Opposites: Do This, Not That Reducing Stress: Family Fitness <u>Learning Experiences</u> Controlling Emotions: S.T.A.R. Controlling Emotions: Safe Place Controlling Emotions: Solution Search Reducing Stress: Exercise Reducing Stress: Let It Go Reducing Stress: Talk About It
ATL-2. Manages actions and behavior.	Parent Education Body Language: Your Baby's Body Language Calming Baby: Learning to Self-Soothe Learning Experiences Emerging skill for 0-9 months	Parent Education Feelings: Your Child's Feelings Managing Emotions: How to Handle a Tantrum Self-Control: The Development of Self- Control Songs for Transitions: Making Transitions Teaching Manners: Basic Manners for Little Ones Learning Experiences Managing Emotions: Comforting Myself Managing Emotions: Setting Rules My Hands Can: My Hands Self-Control: Redirect	Parent EducationChoices: What Is Your Parenting Style?Controlling Emotions: Become YourChild's Emotional CoachGentle Touches: What to Do If Your ChildHitsGood Manners: Raising a Polite ChildKindness: Teaching Your Child to Be KindOpposites: Do This, Not ThatSenses: Our Senses Are Learning ToolsLearning ExperiencesChoices: Be ClearControlling Emotions: FreezeGentle Touches: One-Finger Touch

			Good Manners: Try Again
			Reducing Stress: Let It Go
ATL-3. Maintains focus and attention.	Parent EducationFinger Plays: Finger Plays for Little OnesLearning ExperiencesBlock Play: Watch the BlockBonding with Baby: SmileBusy Hands: Hold My FingerColors: Talk About ColorsDiaper Changing: Rhyme TimeEating Time: Here Comes the AirplaneFun with Sounds: Beep, Beep, VroomGetting Ready to Talk: Play with SoundsGetting Ready to Talk: Smile TalkI Know My Name: I'm Learning My NameImitation: Funny SoundsLaughing: Funny FacesMoving to Music: Legs Up, Boo!My Family: Eye-to-Eye ConnectionMy Family: Family PhotosOn the Move: Basket of FunOn the Move: Colorful ViewPerspective: New Sights and SoundsReading to Baby: A Favorite StoryRhyme Time: Make Me SmileRhyme Time: Read a RhymeRolling Objects: Roll a BallTummy Time: Sensory Bag	Parent EducationListening: Learning How to ListenSensory Play: Avoiding Sensory OverloadLearning ExperiencesGiggle and Laugh: Funny GamesListening: Did You Hear That?Listening: Who's Laughing?Matching: Heart HuntOn the Go: Busy BagsOn the Go: Read a StoryRhyming: Playing with SoundsSound Discrimination: Voice Vibrations	Learning ExperiencesBuilding Trust: Be ConsistentCause and Effect: Ramp and RollEye-Hand Coordination: StringingGreetings: Make New FriendsGreetings: Making Eye ContactImitation: Copy My FaceListening Ears: Listen to MeListening Ears: Read to MeListening Ears: Talk to MeListening Ears: Watch TV with MePatterns: Drumming PatternsPatterns: Patterns I Can SeePincer Grasp: Drop It InPuppet Play: Willy the WormSharing: Take Your TurnSound Discrimination: Copy ThisTraditional Tales: The Gingerbread Man
ATL-4. Shows persistence.	Parent EducationCause and Effect: Your Little ScientistLearning ExperiencesBaby Workout: Exercising to WalkBlock Play: Problem SolvingBusy Hands: Hold My FingerCause and Effect: Cereal ShakeCrawling: Crawling BuddiesDo It Again: Rattle RetrievalLook at That: Follow the Ball	Parent EducationFill, Dump, Push, Pull: Push and Pull ToysLearning ExperiencesArt Explorations: Shaker ArtInteracting with Others: Working TogetherPlaying with Balls: Ball KickProblem Solving: Magic MoversProblem Solving: Try a Tool	Learning Experiences Building Trust: Create a Maze Eye-Hand Coordination: Golf Tee Poke Problem Solving: Homemade Puzzles Problem Solving: Nesting Game Self-Esteem: Finish Up Tear and Cut: Learning to Tear

	Moving to Music: Bicycle Perspective: When I Roll Over Sensory Play: Paint in a Bag Shake, Shake: What's That Noise? Sitting Up: Heads Up Tummy Time: Belly Crawl Tummy Time: Tummy to Tummy	Watch Me Move: Marching Watch Me Move: Walk the Line	
ATL-5. Shows ability to be flexible in actions/behavior.	Parent Education Laughing: Tickle Time Calming Baby: Learning to Self-Soothe Learning Experiences Building Trust: Smooth Transitions Building Trust: Goodnight Baby On the Move: Keep It Quiet Rolling Objects: Fitness Ball Balance Rolling Over: Tummy to Back	Parent EducationInteracting with Others: Separation AnxietyOn the Go: Travel Bag ChecklistSelf-Control: The Development of Self-ControlSongs for Transitions: Making TransitionsTeaching Manners: Basic Manners for LittleOnesLearning ExperiencesManaging Emotions: BreatheOn the Go: Travel GuideOn the Go: Interesting ViewOn the Go: Busy BagsSelf-Control: RedirectSelf-Control: FreezeSnack Time: Share a SmoothieSongs for Transitions: Buckle Up SongSongs for Transitions: What's Next?Songs for Transitions: Clean-Up Time	Parent Education Choices: What Is Your Parenting Style? Good Manners: Raising a Polite Child Independence: Set Rules and Limits Kindness: Teaching Your Child to Be Kind Opposites: Do This, Not That Senses: Our Senses Are Learning Tools Texture Touch: Is My Child Too Sensitive? Learning Experiences Choices: This or That? Choices: Two Choices Sharing: Learning to Wait Sharing: Let's Share Lunch Sharing: Sharing a Conversation Sharing: Take Your Turn
ATL-6. Demonstrates emerging initiative.	Parent Education Cause and Effect: Your Little Scientist Getting Ready to Walk: Learning to Walk <u>Learning Experiences</u> Hugs and Cuddles: Snuggles Tummy Time: Floor Time Getting Ready to Walk: Standing in Your Lap	Parent EducationCuriosity: Curiosity and LearningHow Does It Work?: What Is Exploration?Independence: Raising an Independent ChildSelf-Esteem: Building Self-EsteemLearning ExperiencesFill, Dump, Push, Pull: Fill and DumpFill, Dump, Push, Pull: Splatter and Crash	Parent Education Choices: What Is Your Parenting Style? Curiosity: Exploring Safely Independence: Set Rules and Limits Kindness: Teaching Your Child to Be Kind Problem Solving: Solving Child-Sized Problems Scoop and Pour: Self-Care Skills for Toddlers Self-Esteem: I Like Me!

ATL-7. Demonstrates curiosity.	Parent Education	Independence: A Little Help, Please Independence: New Experiences Independence: Offer Choices Puzzles: Take the Pieces Out Self-Esteem: A Little Help Self-Esteem: Encourage Thinking Self-Esteem: Let Me Do It Sorting: Two Groups Stack and Balance: Plastic Storage Containers Using Gestures: Look at You! Washing Hands: Developing Healthy Habits Washing Hands: This Is the Way Water Play: Water Painting	Texture Touch: Is My Child Too Sensitive? <u>Learning Experiences</u> Choices: Two Choices Independence: I Can Do It! Independence: It Takes Courage Kindness: A Pet of My Own Personal Care Routines: Handwashing Song Parent Education
	Body Parts: Mirror, Mirror Cause and Effect: Your Little Scientist Do It Again: The Power of Repetition Learning Experiences Block Play: Block Play Body Parts: Look at My Face Body Parts: Who's That? Bubbles: Big and Little Bubbles Bubbles: Bubbles Busy Hands: Fancy Hands Cause and Effect: Make It Happen Colors: Color Viewing Station Colors: Do You See Blue? Crawling: Push Up Diaper Changing: Peek-A-Boo! I See You! Feet and Toes: Here Are My Feet Feet and Toes: Kicking My Feet Fun with Sounds: Oink, Oink, Moo Fun with Sounds: Rum-Tum-Tum Hearing: Is That Me? Hearing: Where's the Sound? I Know My Name: Special Greeting Look at That: Balloon Watch	Curiosity: Curiosity and Learning Independence: Raising an Independent Child Cause and Effect: Ducky Moves Cause and Effect: Ducky Moves Cause and Effect: Magnet Play Colors: Color Bottles Colors: Color Day Colors: Color Day Colors: Colorful Pop Curiosity: Shadow Puppets Curiosity: Share Nature Curiosity: Share Nature Curiosity: Share Nature Curiosity: What's Behind My Back? How Does It Work?: Design Droppers How Does It Work?: Exploring Magnets How Does It Work?: Roll It How Does It Work?: What's Inside? Independence: New Experiences My Hands Can: Handprints My Hands Can: Play Dough Nurturing Intelligence: Music All Around On the Go: Interesting View Playing Games: Peek-a-Boo	Curiosity: Exploring Safely Problem Solving: Solving Child-Sized Problems Learning Experiences Cause and Effect: Sound Shakers Cause and Effect: Toys for Learning Colors: Color Hunt Creativity: Colorful Combinations Curiosity: Adventures Curiosity: Adventures Curiosity: Let Your Child Lead Curiosity: What If? Five Senses: What Do You Feel? Nature: Planting Seeds Nature: Sun Prints Squeezing: Slime Texture Touch: Slimy Paint Texture Touch: Texture Hunt

	Look at That: Scrunchie Watch Look at That: Take a Look Mirror, Mirror: Tummy Time My Fingers: Follow My Finger My Fingers: Pull It Out On the Move: Basket of Fun Outdoor Exploring: Outdoor Outing Perspective: A Change of View Sensory Play: Finger Paint Sensory Play: Finger Paint Sensory Play: Sensory Bins Shake, Shake: Shake It Out Shake, Shake: Shake It Out Shake, Shake: Shake, Rattle, and Roll Shake, Shake: Sound or No Sound? Texture Touch: Splash and Grab Texture Touch: Touch It	Sensory Play: Cool and Warm Sensory Play: Wind Chimes Small Muscle Skills: Pick and Peel Small Muscle Skills: Pompom Drop Small Muscle Skills: Unwrap It Snack Time: Gelatin Jigglers Water Play: See It Float	
ATL-8. Uses creativity to learn.	<u>Parent Education</u> Block Play: The Power of Block Play Sensory Play: Sensory Play <u>Learning Experiences</u> Moving to Music: Move to the Beat	Parent Education Art Explorations: Homemade Painting Fun! Independence: Raising an Independent Child Pretend Play: Play and Pretend Songs and Rhymes: Singing Games Learning Experiences Nurturing Intelligence: Music All Around Nurturing Intelligence: Color My World	Parent Education Sound Discrimination: Playing with Sounds <u>Learning Experiences</u> Colors: Finger Painting Creativity Dance and Move Creativity: Style Show Curiosity: Out of the Box Pretend Play: Pretend and Move Sound Discrimination: Copy This
ATL-9. Shows imagination.	Parent Education Cause and Effect: Your Little Scientist Sensory Play: Sensory Play Moving to Music: Why Music? Learning Experiences Emerging skill for 0-9 months	Parent Education Pretend Play: Play and Pretend <u>Learning Experiences</u> Fill, Dump, Push, Pull: Sleigh Pull Giggle and Laugh: Meet Mr. Toe Rhyming: Sing a Rhyme Watch Me Move: Streamer Dancing	Learning Experiences Creativity: Dance and Move Creativity: Drawing Fun Creativity: Style Show Curiosity: Out of the Box Curiosity: What If? Puppet Play: Games and Songs Run and Jump: Jump Up and Down
SOCIAL AND EMOTIONAL DEVELOPMENT	Ages 0-12 months	Ages 8-18 months	Ages 18-36 months

SE-1. Interacts in predictable and positive	Parent Education	Parent Education	Parent Education
ways with familiar adults.	Baby Games: Game Time!	Building Trust: Understanding Your Baby's	Building Trust: Building Your Toddler's
	Baby Workout: Working Out With Your Baby	Cry	Trust
	Body Language: Your Baby's Body Language	Cause and Effect: Windows of Opportunity	Cause and Effect: Make Time to Talk
	Body Parts: Mirror, Mirror	Listening: Learning How to Listen	Choices: What Is Your Parenting Style?
	Bonding with Baby: Family Bonding	My Family: Developing Social Skills	Traditional Tales: Extended Family
	Finger Plays: Finger Plays for Little Ones	Songs and Rhymes: Singing Games	Learning Experiences
	Hugs and Cuddles: Cuddling	Teaching Manners: Basic Manners for Little	Learning Experiences
	Laughing: Tickle Time	Ones	Building Trust: Be Consistent
	Singing: Sing and Connect		Building Trust: Be Fully Present Building Trust: Where Are You?
	Learning Experiences		Ū.
	<u>Learning Experiences</u> Baby Games: Peek-a-Boo	Learning Experiences	Choices: This or That?
	Baby Games: Peek-a-Boo Baby Games: Row Your Boat	Building Trust: Lotion Rub	Faces: Eyes and Nose Copycat Gentle Touches: Gently If You Will
	Baby Games. Row Your Boat Baby Workout: Super Baby	Building Trust: My Special Time	Greetings: Role Play
	Bath Time: Sponge Bath	Building Trust: Rock-a-Bye	Hands and Fingers: Hands Can Say Hello
	Body Parts: Baby Feet	Curiosity: What's Behind My Back? My Family: Family Traditions	Number Concepts: One, Two, Three
	Bonding with Baby: Come Along	My Family: Part of a Family	Jump
	Bonding with Baby: Come Along Bonding with Baby: I Love You	Snack Time: Trail Mix	Personal Care Routines: Brush Your Teeth
	Bubbles: Bubbles	Stack and Balance: Copy My Stack	Reducing Stress: Sleep Soundly
	Building Trust: Be Fully Present	Using Gestures: Let's Celebrate	Sharing: Let's Share Lunch
		Using destures. Let's celebrate	Sharing. Let's share Landin
	Building Trust: I Know You		
	Calming Baby: Baby Massage		
	Diaper Changing: Peek-A-Boo! I See You!		
	Eating Time: Crunch! Slurp!		
	Feet and Toes: This Little Piggy		
	Finger Plays: Fingers and Toes		
	Laughing: Bringing Toys to Life		
	Moving to Music: Move to the Beat		
	My Family: Eye-to-Eye Connection		
	On the Move: Keep It Quiet		
	Singing: Everyday Routines Sitting Up: Baby Sit-Ups		
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	Spatial Awareness: Baby's Hokey Pokey		
SE-2. Develops positive relationships with	Parent Education	Parent Education	Parent Education
other adults.	Bonding with Baby: Family Bonding	Interacting with Others: Separation Anxiety	Cause and Effect: Make Time to Talk
		My Family: Developing Social Skills	Building Trust: Building Your Toddler's
	Learning Experiences	Teaching Manners: Basic Manners for Little	Trust
	Bonding with Baby: Smile	Ones	Greetings: Greetings Safety
	Bonding with Baby: Sing!		

	Building Trust: Smooth Transitions		Learning Experiences
		Learning Experiences	Good Manners: What Do You Say?
		Interacting with Others: Waving Goodbye	Greetings: Choose Your Greeting
SE-3. Uses adults as a resource to meet	Parent Education	Parent Education	Parent Education
needs.	Bonding with Baby: Family Bonding	Look Who's Talking: Sign Language	Building Trust: Building Your Toddler's
	Texture Touch: The Sense of Touch		Trust
		Learning Experiences	Controlling Emotions: Become Your
	Learning Experiences	Managing Emotions: Breathe with Me	Child's Emotional Coach
	Hugs and Cuddles: I'm Here	On the Go: Travel Guide	Senses: Our Senses Are Learning Tools
	Eating Time: Baby Signs		
	Getting Ready to Walk: Walking My Baby		Learning Experiences
	Singing: Lullabies		Building Trust: Create a Maze
			Reducing Stress: Sleep Soundly
SE-4. Develops relationships with other	Parent Education	Parent Education	Parent Education
children.	Block Play: The Power of Block Play	My Family: Developing Social Skills	Gentle Touches: What to Do If Your Child
		Teaching Manners: Basic Manners for Little	Hits
	Learning Experiences	Ones	Sharing: Teaching Your Child to Share
	Mirror, Mirror: Peek-a-Boo		
		Learning Experiences	Learning Experiences
		Explored and observed during socialization	Explored and observed during
		events.	socialization events.
SE-5. Imitates and engages in play with	Parent Education	Learning Experiences	Parent Education
other children.	Block Play: The Power of Block Play	Explored and observed during socialization	Pretend Play: The Power of Pretend Play
		events.	Sharing: Teaching Your Child to Share
	Learning Experiences		Learning Francisco
	Emerging skill for 0-9 months		Learning Experiences
			Explored and observed during
	Derent Education	Derent Education	socialization events.
SE-6. Learns to express range of	Parent Education	Parent Education Building Trust: Understanding Your Baby's	Parent Education Controlling Emotions: Become Your
emotions.	Laughing: Tickle Time	Cry	Child's Emotional Coach
	Learning Experiences	Colors: Colors Affect How We Feel	Feelings: We All Have Feelings
	Baby Games: Peek-a-Boo	Feelings: Your Child's Feelings	Gentle Touches: What to Do If Your Child
	Baby Games: Ride a Little Horsie	Managing Emotions: How to Handle a	Hits
	Body Parts: Baby Feet	Tantrum	
	Hugs and Cuddles: I Love You		Learning Experiences
	Laughing: So Big	Learning Experiences	Controlling Emotions: S.T.A.R.
	Laughing: And It Falls	Feelings: Facial Expressions	Controlling Emotions: Safe Place
		Feelings: My Feelings Book	Feelings: How Do I Feel?
		Using Gestures: Look at You!	Feelings: Your Feelings Show

SE-7. Recognizes and interprets emotions of others.	Parent Education Laughing: Tickle Time <u>Learning Experiences</u> Bonding with Baby: I Love You Do It Again: Begin with a Whisper Hugs and Cuddles: Hugs Spatial Awareness: Up and Down	Parent Education Feelings: Your Child's Feelings My Family: Developing Social Skills Learning Experiences Feelings: Feelings Block Giggle and Laugh: Funny Games My Family: Sing Me a Love Song	Parent Education Feelings: We All Have Feelings Gentle Touches: What to Do If Your Child Hits Good Manners: Raising a Polite Child Kindness: Teaching Your Child to Be Kind Sharing: Teaching Your Child to Share Learning Experiences Kindness: Kindness Counts Kindness: Gratitude Journal Feelings: Peek-a-Boo Feelings: Name that Feeling Nursery Rhymes: Hey Diddle, Diddle
SE-8. Expresses care and concern toward others.	Parent Education My Family: The Family Pet Learning Experiences Emerging skill for 0-9 months	Parent Education My Family: Developing Social Skills Teaching Manners: Basic Manners for Little Ones Learning Experiences Interacting with Others: Taking Care of Baby Interacting with Others: Do for Others Teaching Manners: Please and Thank You Teaching Manners: Gentle Touches	Parent Education Gentle Touches: What to Do If Your Child Hits Good Manners: Raising a Polite Child Kindness: Teaching Your Child to Be Kind Pretend Play: The Power of Pretend Play Sharing: Teaching Your Child to Share Learning Experiences Gentle Touches: Help Me Know Gentle Touches: Opposites Good Manners: This Is Please Greetings: Choose Your Greeting Kindness: A Pet of My Own Kindness: Kindness Counts Kindness: Make Someone Smile
SE-9. Manages emotions with support.	Parent EducationBonding with Baby: Family BondingBuilding Trust: Good BeginningsCalming Baby: Learning to Self-SootheTexture Touch: The Sense of TouchLearning ExperiencesCalming Baby: Baby MassageCalming Baby: Hug MeCalming Baby: I Can Do It	Parent EducationBuilding Trust: Understanding Your Baby'sCryColors: Colors Affect How We FeelFeelings: Your Child's FeelingsInteracting with Others: Separation AnxietyManaging Emotions: How to Handle aTantrumLearning Experiences	Parent Education Controlling Emotions: Become Your Child's Emotional Coach Feelings: We All Have Feelings Gentle Touches: What to Do If Your Child Hits Pretend Play: The Power of Pretend Play Learning Experiences Controlling Emotions: S.T.A.R.

	Calming Baby: Name that Emotion	Managing Emotions: Comforting Myself Managing Emotions: Breathe with Me Managing Emotions: Setting Rules Managing Emotions: Breathe Teaching Manners: Squabble Support	Controlling Emotions: Safe Place Controlling Emotions: Solution Search Feelings: How Do I Feel? Reducing Stress: Let It Go
SE-10. Shows awareness about self.	<u>Parent Education</u> Body Parts: Mirror, Mirror <u>Learning Experiences</u> Calming Baby: I Can Do It Mirror, Mirror: Look at Me	Parent Education Independence: Raising an Independent Child Self-Esteem: Building Self-Esteem <u>Learning Experiences</u> Feelings: Facial Expressions Finger Plays: 'Round the House Puzzles: Face Puzzle Self-Esteem: Be Fully Present Self-Esteem: Encourage Thinking	Parent Education Controlling Emotions: Become Your Child's Emotional Coach Independence: Set Rules and Limits Scoop and Pour: Self-Care Skills for Toddlers Self-Esteem: I Like Me! Texture Touch: Is My Child Too Sensitive? <u>Learning Experiences</u> Faces: I Look in the Mirror Reducing Stress: Talk About It Sound Discrimination: Conversation Starters
SE-11. Understands characteristics of self and others.	Parent Education Body Parts: Mirror, Mirror Learning Experiences Reading to Baby: Baby Faces	Learning Experiences Feelings: Encouragement Giggle and Laugh: Meet Mr. Toe Giggle and Laugh: Silly Actions	Parent Education Kindness: Teaching Your Child to Be Kind Texture Touch: Is My Child Too Sensitive? Learning Experiences Explored and observed during socialization events. Compare and Contrast: Comparing Hands Faces: Body Part Name Game Kindness: Make Someone Smile
SE-12. Shows confidence in own abilities.	Parent Education Baby Workout: Working Out With Your Baby Learning Experiences Hugs and Cuddles: I Love You Getting Ready to Walk: Baby Squats	Parent Education Curiosity: Curiosity and Learning How Does It Work?: What Is Exploration? Independence: Raising an Independent Child Playing with Balls: Tips for Ball Play Self-Control: The Development of Self- Control Self-Esteem: Building Self-Esteem Learning Experiences	Parent Education Independence: Set Rules and Limits Scoop and Pour: Self-Care Skills for Toddlers Self-Esteem: I Like Me! Texture Touch: Is My Child Too Sensitive? Learning Experiences Choices: Consequences Curiosity: Let Your Child Lead

SE-13. Develops a sense of belonging.	Parent Education Bonding with Baby: Family Bonding Building Trust: Good Beginnings Hugs and Cuddles: Cuddling Laughing: Tickle Time Singing: Sing and Connect Learning Experiences Bonding with Baby: Come Along Building Trust: Be Fully Present Building Trust: I Know You Do It Again: Begin with a Whisper My Family: Family Finger Song My Family: Family Photos My Family: My Family	Climbing: Climbing Down Feelings: Encouragement I Can Feed Myself: Using My Fingers I Can Feed Myself: Drinking with a Straw Independence: Offer Choices Interacting with Others: Working Together Opposites: On and Off Outdoor Play: Up to the Sky Reading to Little Ones: Caring for Books Self-Esteem: A Little Help Self-Esteem: A Little Help Self-Esteem: Let Me Do It Sorting: Which One Doesn't Belong? Washing Hands: Washing Rocks Watch Me Move: Giant Steps, Baby Steps Parent Education My Family: Developing Social Skills Learning Experiences Building Trust: My Special Time Building Trust: Lotion Rub Building Trust: I Am Always Close Matching: Family Match Game My Family: Part of a Family My Family: Sing Me a Love Song My Family: Sing Me a Love Song My Family: Family Traditions	Good Manners: Order Please Greetings: Role Play Independence: I Can Do It! Independence: It Takes Courage Independence: Let Me Help Self-Esteem: Finish Up Self-Esteem: Helping Out Self-Esteem: I Saw That! Self-Esteem: I Saw That! Self-Esteem: You Choose Parent Education Cause and Effect: Make Time to Talk Self-Esteem: I Like Me! Traditional Tales: Extended Family Learning Experiences Building Trust: Be Fully Present Hands and Fingers: Hands Can Say Hello Self-Esteem: I Saw That!
LANGUAGE AND COMMUNICATION	Ages 0-12 months	Ages 8-18 months	Ages 18-36 months
LC-1. Attends to, understands, and responds to communication	Parent Education Bonding with Baby: Family Bonding Diaper Changing: Diaper Games Fun with Sounds: Hearing Development Getting Ready to Talk: My First Words Hugs and Cuddles: Cuddling	Parent Education Cause and Effect: Windows of Opportunity Finger Plays: More Finger Plays Language Games: Building Vocabulary Listening: Learning How to Listen Matching: Matching through the Day	Parent Education Cause and Effect: Make Time to Talk Puppet Play: Become a Puppeteer! Shapes: Shape Songs Sound Discrimination: Playing with Sounds Vocabulary: Speak Up

I Know My Name: Is My Child Developing		"Where?" Words: Following Directions
Normally?	"Smart"	
Receptive Language: Language Developr		Learning Experiences
Rhyme Time: Baby Rhymes	Rhyming: Rhymes for Routines	Choices: Be Clear
	Songs and Rhymes: Singing Games	Controlling Emotions: Freeze
Learning Experiences	Sound Discrimination: Your Baby's Hearing	Curiosity: Adventures
Baby Games: Row Your Boat	Using Gestures: Gestures and Language	Faces: Body Part Name Game
Baby Workout: Arms High, Arms Low	Development	Faces: I Look in the Mirror
Block Play: Watch the Block		Feelings: Your Feelings Show
Body Parts: Who's That?	Learning Experiences	Gentle Touches: Gently If You Will
Bonding with Baby: Smile	Copycat Movements: Copycat Games	Good Manners: What Do You Say?
Busy Hands: Reach for It	Copycat Movements: Roll Your Hands	Imitation: Follow the Leader
Calming Baby: Baby Massage	Language Games: Hand Me the Ball	Imitation: I Can, Can You?
Calming Baby: Hug Me	Language Games: Here Are My Ears	Listening Ears: Listen to Me
Cause and Effect: Tickle and Touch	Listening: Did You Hear That?	Listening Ears: Read to Me
Colors: Color Viewing Station	Look Who's Talking: Shine a Spotlight	Listening Ears: Talk to Me
Colors: Colorful Clothing	My Hands Can: Watch My Hands	Nursery Rhymes: Buckle My Shoe
Crawling: Forward and Backward	Pretend Play: It's for You	Puppet Play: Games and Songs
Diaper Changing: Colored Streamers	Rhyming: Playing with Sounds	Puppet Play: Paper Plate Puppet
Diaper Changing: Rhyme Time	Self-Control: Magic Wand	Puppet Play: Willy the Worm
Feet and Toes: Pat-a-Cake Feet	Songs and Rhymes: Little Star	Scoop and Pour: Kitchen Helper
Feet and Toes: This Little Piggy	Songs for Transitions: Clean-Up Time	Sequencing: Making "Cookies"
Finger Plays: Fingers and Toes	Songs for Transitions: Musical Cues	Sequencing: Toys in a Line
Finger Plays: This Little Finger	Sorting: Yours or Mine?	Sharing: Sharing a Conversation
Fun with Sounds: Oink, Oink, Moo	Sound Discrimination: Megaphones	Sound Discrimination: Conversation
Fun with Sounds: Pitter, Patter	Sound Dischmination. McGaphones	Starters
Getting Ready to Talk: Play with Sounds		Traditional Tales: The Three Billy Goats
Hearing: Babble and Coo		Gruff
Hearing: Is That Me?		Traditional Tales: The Three Little Pigs
Hearing: Where's the Sound?		
I Know My Name: Alliterative Names		
I Know My Name: Special Greeting		
Imitation: Funny Sounds		
Laughing: Funny Faces		
Laughing: Fully Faces		
Look at That: Balloon Watch		
Look at That: Follow the Ball		
Moving to Music: Toe-to-Ear Stretch		
My Fingers: Follow My Finger		
My Fingers: Read and Point		
On the Move: Looking for Landmarks		
Perspective: New Sights and Sounds		

	Reading to Baby: A Favorite Story Rhyme Time: I'm Hiding Rhyme Time: Make Me Smile Rhyme Time: Read a Rhyme Shake, Shake: Shake, Rattle, and Roll Shake, Shake: What's That Noise? Singing: Everyday Routines Singing: Love You Singing: Lullabies Sitting Up: Sitting Games Spatial Awareness: Baby's Hokey Pokey		
LC-2. Learns from communication and language.	Parent EducationDiaper Changing: Diaper GamesDo It Again: The Power of RepetitionFun with Sounds: Hearing DevelopmentReceptive Language: Language DevelopmentRhyme Time: Baby RhymesSensory Play: Sensory PlayLearning ExperiencesBody Language: Sign LanguageBody Parts: Look at My FaceBonding with Baby: Sing!Brain Boosters: Think to ScootCalming Baby: Name that EmotionEating Time: Mealtime ChatsFinger Plays: Hand MovementsGetting Ready to Talk: Sing a SongImitation: Watch MeMath Language: Everyday CountingMirror, Mirror: In the MirrorPerspective: Point of ViewReceptive Language: Up and DownRhyme Time: Kiss My NoseSinging: Sing about FeelingsSpatial Awareness: Open, Shut Them	Parent EducationLanguage Games: Building VocabularyListening: Learning How to ListenOpposites: Your Little One TalksSound Discrimination: Your Baby's HearingUsing Gestures: Gestures and LanguageDevelopmentLearning ExperiencesFeelings: Feelings BlockFeelings: My Feelings BookLanguage Games: Name ItLook Who's Talking: Action Words GameNurturing Intelligence: Beautiful WordsOpposites: Playground OppositesRhyming: Little ChicksSensory Play: Cinnamon ToastSongs and Rhymes: Hungry BirdSound Discrimination: Drop ItSound Discrimination: Animals TalkUsing Gestures: Flap Like a Bird	Parent EducationColors: Reading to Your ChildNursery Rhymes: Nursery Rhymes andReading DevelopmentPuppet Play: Become a Puppeteer!Sound Discrimination: Playing withSoundsVocabulary: Speak UpLearning ExperiencesColors: Eating ColorsFaces: Draw a FaceFaces: Eyes and Nose CopycatGentle Touches: Help Me KnowHands and Fingers: Hands Can DrawHealthy Foods: Funny FoodImitation: Be a CatListening Ears: Watch TV with MeNature: Earth's BountyScribble and Draw: Environmental PrintSound Discrimination: ConversationStartersVocabulary: Sing a Song"Where?" Words: Following Directions
LC-3. Communicates needs and wants.	Parent Education Pages Body Language: Your Baby's Body Language	Parent Education Interacting with Others: Separation Anxiety	Parent Education Cause and Effect: Make Time to Talk

	Fun with Sounds: Hearing Development Getting Ready to Talk: My First Words Receptive Language: Language Development <u>Learning Experiences</u> Hugs and Cuddles: I'm Here Body Language: Read the Message Body Language: I Want That Body Language: Sign Language Eating Time: Baby Signs	Listening: Learning How to Listen Look Who's Talking: Sign Language Using Gestures: Gestures and Language Development	Learning Experiences Explored and observed during socialization events. Self-Esteem: You Choose Sound Discrimination: Conversation Starters
LC-4. Engages others in interactions.	Parent Education Getting Ready to Talk: My First Words Learning Experiences Baby Games: Peek-a-Book for Two Baby Workout: Dance with Me Building Trust: Smooth Transitions Do It Again: Squeak, Squeak Getting Ready to Talk: Smile Talk Hearing: Babble and Coo Hugs and Cuddles: Snuggles Imitation: See and Do	Parent EducationListening: Learning How to ListenLook Who's Talking: Sign LanguagePretend Play: Play and PretendUsing Gestures: Gestures and LanguageDevelopmentLearning ExperiencesInteracting with Others: Waving GoodbyeInteracting with Others: Do for OthersTeaching Manners: My Body Talks	Parent Education Pretend Play: The Power of Pretend Play Learning Experiences Explored and observed during socialization events. Good Manners: Try Again Puppet Play: Puppet Talk Sound Discrimination: Conversation Starters
LC-5. Uses increasingly complex language.	Learning Experiences Baby Games: Peek-a-Boo Baby Games: Row Your Boat Bonding with Baby: I Love You Building Trust: Be Fully Present Building Trust: I Know You Diaper Changing: Peek-A-Boo! I See You! Feet and Toes: This Little Piggy Finger Plays: Fingers and Toes Hearing: Babble and Coo Laughing: Bringing Toys to Life My Family: Eye-to-Eye Connection Singing: Everyday Routines	Parent Education Language Games: Building Vocabulary Opposites: Your Little One Talks Learning Experiences Pretend Play: It's for You Rhyming: Playing with Sounds Sensory Play: Texture Cube	Parent EducationPretend Play: The Power of Pretend PlayLearning ExperiencesFive Senses: What Do You See?Five Senses: What Do You Feel?Compare and Contrast: Comparing HandsPuppet Play: Puppet TalkColors: Color HuntSound Discrimination: ConversationStartersSequencing: Three Little Tadpoles
LC-6. Initiates communication to learn information.	Parent Education Getting Ready to Talk: My First Words	Parent Education Listening: Learning How to Listen	Learning Experiences

LC-7. Understands increasing number of words.	Learning Experiences Body Language: Pointing Parent Education Body Parts: Mirror, Mirror Diaper Changing: Diaper Games Receptive Language: Language Development Rhyme Time: Baby Rhymes Learning Experiences Body Parts: Eyes, Ears, Nose, and Mouth Bubbles: Big and Little Bubbles Body Language: Pointing Diaper Changing: Conversation Starters Eating Time: Crunch! Slurp! Imitation: I Can Copy You Getting Ready to Talk: Read a Book On the Move: Looking for Landmarks Receptive Language: Up and Down Receptive Language: Over and Under Receptive Language: Hard and Soft Rolling Objects: Roll to Paint Texture Touch: Feel the Difference	Look Who's Talking: Sign Language Learning Experiences Explored and observed during socialization events. Parent Education Finger Plays: More Finger Plays Giggle and Laugh: The More You Laugh Language Games: Building Vocabulary Listening: Learning How to Listen Opposites: Your Little One Talks Rhyming: Rhymes for Routines Learning Experiences Copycat Movements: Action Words Game Finger Plays: Two Little Blackbirds Finger Plays: Hands I Can Feed Myself: Chew Your Food Language Games: Name It Listening: Where, Oh Where? Look Who's Talking: What's This? Look Who's Talking: Action Words Game Opposites: In and Out Opposites: Move with Me Songs for Transitions: Buckle Up Song Using Gestures: This Is My Nose Parent Education	Explored and observed during socialization events.Parent Education Colors: Reading to Your Child Puppet Play: Become a Puppeteer! Shapes: Shape Songs "Where?" Words: Following DirectionsLearning Experiences Feelings: Peek-a-Boo Legs and Feet: Little Ant Matching: Pairs of Shoes Matching: Things that Go Together Nursery Rhymes: Humpty Dumpty Opposites: Act it Out Opposites: Short and Tall Opposites: Sing a Song Sequencing: Top, Middle, Bottom Shapes: Shape Step Sound Discrimination: Sing a Song Texture Touch: Texture Hunt Texture Touch: Texture Hunt Traditional Tales: The Gingerbread Man Traditional Tales: The Three Little Pigs Vocabulary: What's Inside? "Where?" Words: Inside and Outside "Where?" Words: Up and Down Parent Education
LC-D. USES Increasing number of words.	Parent Education Block Play: The Power of Block Play Math Language: Everyday Math Getting Ready to Talk: My First Words Learning Experiences Body Parts: Who's That? Colors: Color Viewing Station Colors: Colorful Clothing Crawling: Forward and Backward	Language Games: Building Vocabulary Listening: Learning How to Listen Opposites: Your Little One Talks Learning Experiences Language Games: Name It Look Who's Talking: Shine a Spotlight Opposites: On and Off	Vocabulary: Speak Up "Where?" Words: Following Directions <u>Learning Experiences</u> "Where?" Words: Inside and Outside "Where?" Words: On and Off "Where?" Words: Over and Under "Where?" Words: Up and Down Good Manners: This is Please

	Diaper Changing: Colored Streamers Diaper Changing: Rhyme Time Feet and Toes: Pat-a-Cake Feet Feet and Toes: This Little Piggy Finger Plays: Fingers and Toes Finger Plays: This Little Finger Fun with Sounds: Oink, Oink, Moo Fun with Sounds: Pitter, Patter Getting Ready to Talk: Play with Sounds Hearing: Babble and Coo Hearing: Is That Me? Hearing: Where's the Sound? I Know My Name: Alliterative Names I Know My Name: Special Greeting Imitation: Funny Sounds Laughing: Fonny Faces Laughing: So Big My Fingers: Read and Point Rhyme Time: Read a Rhyme Shake, Shake: Shake, Rattle, and Roll Shake, Shake: What's That Noise? Singing: Everyday Routines	Snack Time: Noisy and Quiet Snacks Sound Discrimination: Animals Talk	Healthy Foods: Healthy Foods Placemat Opposites: Big and Little Opposites: Short and Tall Opposites: Sing a Song Puppet Play: Paper Plate Puppet Puppet Play: Puppet Talk Sound Discrimination: Conversation Starters Vocabulary: Sentence Stretchers Vocabulary: What's Inside?
LC-9. Repeats rhymes, phrases, or refrains from stories or songs.	Parent Education Do It Again: The Power of Repetition Getting Ready to Talk: My First Words Reading to Baby: Books, Books, Books Rhyme Time: Baby Rhymes Singing: Sing and Connect Learning Experiences I Know My Name: Name Game Math Language: Little Monkeys Singing: Sing about Feelings	Parent EducationReading to Little Ones: Enjoying BooksTogetherRhyming: Rhymes for RoutinesSongs and Rhymes: Singing GamesLearning ExperiencesActive Play: WigglesCopycat Movements: Be My ShadowFinger Plays: Ten Little FingersGiggle and Laugh: Jack-in-the-BoxNurturing Intelligence: Beautiful WordsRhyming: Rub-a-Dub-DubRhyming: Little ChicksRhyming: Sing a RhymeSongs and Rhymes: Little Star	Parent EducationColors: Reading to Your ChildHands and Fingers: Hands and FingersNursery Rhymes: Nursery Rhymes andReading DevelopmentShapes: Shape SongsSound Discrimination: Playing withSoundsLearning ExperiencesGood Manners: This Is PleaseGreetings: Make New FriendsHealthy Foods: An Apple a DayNursery Rhymes: Buckle My ShoeNursery Rhymes: Hey Diddle, DiddleNursery Rhymes: There Was an OldWomanOpposites: Sing a Song

		Songs and Rhymes: Teddy Bear, Teddy Bear Songs for Transitions: What's Next?	Patterns: Patterns I Can Hear Sound Discrimination: Sing a Song Vocabulary: Sing a Song
LC-10. Handles books and relates to stories.	Parent Education Reading to Baby: Books, Books, Books Learning Experiences Brain Boosters: Read Books Getting Ready to Talk: Read a Book Reading to Baby: Turn the Pages Reading to Baby: Baggie Book	Parent EducationReading to Little Ones: Enjoying BooksTogetherLearning ExperiencesMy Family: Family Photo AlbumReading to Little Ones: Book BasketReading to Little Ones: Homemade BooksReading to Little Ones: Favorite CharactersReading to Little Ones: Caring for Books	Parent EducationFaces: 6 Ways to Help Your Toddler LearnColors: Reading to Your ChildLearning ExperiencesCompare and Contrast: ComparingStoriesSound Discrimination: Read a Book
LC-11. Recognizes pictures and some symbols, signs, or words.	Parent EducationReading to Baby: Books, Books, BooksLearning ExperiencesMy Family: My FamilyBrain Boosters: Read BooksBrain Boosters: Face PuzzleI Know My Name: I'm Learning My NameReading to Baby: Baby Faces	<u>Parent Education</u> Reading to Little Ones: Enjoying Books Together <u>Learning Experiences</u> Look Who's Talking: Read a Book Matching: Family Match Game Playing Games: Peek-a-Boo	Parent EducationColors: Reading to Your ChildScribble and Draw: From Scribbles toLettersSequencing: What Comes Next?Learning ExperiencesPersonal Care Routines: HandwashingStepsScribble and Draw: Environmental Print
LC-12. Comprehends meaning from pictures and stories.	Parent Education Reading to Baby: Books, Books, Books <u>Learning Experiences</u> Reading to Baby: Turn the Pages Reading to Baby: A Favorite Story Reading to Baby: Baggie Book	Parent EducationReading to Little Ones: Enjoying BooksTogetherLearning ExperiencesLook Who's Talking: Read a BookOn the Go: Read a StoryReading to Little Ones: Book BasketReading to Little Ones: Homemade BooksReading to Little Ones: Favorite CharactersUsing Gestures: This Is My Nose	Parent EducationColors: Reading to Your ChildFaces: 6 Ways to Help Your Toddler LearnSequencing: What Comes Next?Learning ExperiencesCompare and Contrast: ComparingStoriesFeelings: Name that FeelingNumber Concepts: Stories about ThreeNursery Rhymes: There Was an OldWomanPersonal Care Routines: HandwashingStepsSound Discrimination: Read a Book

LC-13. Makes marks to represent objects or actions.	Emerging skill for 0-9 months	<u>Learning Experiences</u> Art Explorations: Finger Paint Small Muscle Skills: Scribble with Me	Traditional Tales: Goldilocks and the Three Bears Vocabulary: Bedtime Story Parent Education Scribble and Draw: From Scribbles to Letters Learning Experiences Scribble and Draw: Fingers First Scribble and Draw: Fingers First Scribble and Draw: First Scribbles
COGNITION	Ages 0-12 months	Ages 8-18 months	Ages 18-36 months
C-1. Explores people and objects.	Parent Education Baby Games: Game Time! Cause and Effect: Your Little Scientist Math Language: Everyday Math Learning Experiences Bubbles: Tummy Time Bubbles Outdoor Exploring: Sand Play Reach and Grasp: Finger Squeeze Tummy Time: Sensory Bag My Fingers: Read and Point Look at That: Scrunchie Watch On the Move: Colorful View Texture Touch: Touch It Texture Touch: Feel the Difference	Parent EducationCuriosity: Curiosity and LearningHow Does It Work?: What Is Exploration?Nurturing Intelligence: Eight Kinds of"Smart"Sensory Play: Avoiding Sensory OverloadSorting: Building a Strong MathFoundationLearning ExperiencesColors: Color CubesHow Does It Work?: Exploring MagnetsHow Does It Work?: Roll ItHow Does It Work?: What's Inside?Look Who's Talking: What's This?Matching: Two Make a PairSensory Play: Cinnamon ToastSound Discrimination: MegaphonesStack and Balance: Plastic StorageContainers	Parent EducationShapes: Shape SongsLearning ExperiencesCause and Effect: Flashlight FunColors: Play Dough MixingCompare and Contrast: ComparingContainersCompare and Contrast: Two of a KindCreativity: Colorful CombinationsFaces: Draw a FaceHands and Fingers: Hands Can DrawNature: Planting SeedsPatterns: Patterns I Can SeeShapes: Shape CollageTexture Touch: Tactile Play DoughTexture Touch: Touchy-Feely
C-2. Uses understanding of cause-and-effect relationships.	Parent Education Cause and Effect: Your Little Scientist Mirror, Mirror: Mirror Play Block Play: The Power of Block Play Learning Experiences Finger Plays: Spider Fingers	Parent Education Fill, Dump, Push, Pull: Push and Pull Toys Learning Experiences Active Play: Ball Toss	Parent Education Patterns: Building Brain Power Problem Solving: Solving Child-Sized Problems

	Cause and Effect: Make It Happen Cause and Effect: Tickle and Touch Cause and Effect: Cereal Shake Cause and Effect: Shake to Music Do It Again: Rattle Retrieval Rolling Objects: Water Bottle Rollers Rolling Objects: Roll to Paint	Cause and Effect: Ducky Moves Cause and Effect: Magnet Play Cause and Effect: Shadow Dancing Cause and Effect: Bowling Eye-Hand Coordination: Pie Tin Symphony How Does It Work?: Design Droppers Problem Solving: Magic Movers Sensory Play: Wind Chimes Sound Discrimination: Drop It Stack and Balance: Balance it in the Tub	Cause and Effect: Flashlight Fun Cause and Effect: Ramp and Roll Cause and Effect: Sound Shakers Cause and Effect: Toys for Learning Choices: Consequences Eye-Hand Coordination: Lock and Key Legs and Feet: Little Steps, Big Steps Nature: Sun Prints
C-3. Recognizes differences in people, objects, actions, or events.	Parent EducationBrain Boosters: Concrete-to-AbstractThinkingMath Language: Everyday MathLearning ExperiencesOutdoor Exploring: Outdoor TexturesShake, Shake: Sound or No Sound?Diaper Changing: Conversation StartersMirror, Mirror: In the MirrorBlock Play: Tactile BlocksColors: Do You See Blue?Colors: Colorful ClothingLook at That: Take a LookReceptive Language: Wet and Dry	Parent EducationSorting: Building a Strong MathFoundationLearning ExperiencesColors: Color DayColors: Colorful PopCuriosity: Shadow PuppetsCuriosity: Sound MakersCuriosity: Share NatureGiggle and Laugh: Silly ActionsLanguage Games: Here Are My EarsListening: Who's Laughing?Listening: Where, Oh Where?Sensory Play: Cool and WarmSensory Play: Texture CubeSnack Time: Noisy and Quiet SnacksSound Discrimination: Voice Vibrations	Parent EducationShapes: Shape SongsLearning ExperiencesFive Senses: What Do You See?Five Senses: What Do You Smell?Imitation: Copy My FaceImitation: Follow the LeaderOpposites: Big and LittleOpposites: Short and TallSorting: Little HelperTraditional Tales: The Three Billy GoatsGruff
C-4. Recognizes permanence of people and objects.	Parent Education Brain Boosters: Concrete-to-Abstract Thinking <u>Learning Experiences</u> Mirror, Mirror: Peek-a-Boo	Parent Education Playing Games: Playing Hiding Games Learning Experiences Listening: Listen and Look Outdoor Play: Sandbox Treasures Playing Games: Hide-and-Seek Playing with Balls: Ball Drop	Learning Experiences Building Trust: Where Are You? Independence: Hide-and-Seek

C-5. Uses memories for more complex actions and thoughts.	Parent Education Cause and Effect: Your Little Scientist Block Play: The Power of Block Play Brain Boosters: Concrete-to-Abstract Thinking Learning Experiences Spatial Awareness: Open, Shut Them	Parent Education Giggle and Laugh: The More You Laugh Nurturing Intelligence: Eight Kinds of "Smart" <u>Learning Experiences</u> Sorting: Yours or Mine? Self-Control: Magic Wand	Parent Education Patterns: Building Brain Power Problem Solving: Solving Child-Sized Problems Sequencing: What Comes Next? Learning Experiences Five Senses: What Do You Smell? Matching: Things that Go Together Scribble and Draw: My Name
C-6. Uses a variety of strategies for solving problems.	Parent Education Cause and Effect: Your Little Scientist Block Play: The Power of Block Play <u>Learning Experiences</u> Block Play: Problem Solving Do It Again: Build It Again Crawling: Scooting	Parent EducationNurturing Intelligence: Eight Kinds of"Smart"Problem Solving: Developing Problem- Solving SkillsPuzzles: Choosing the Right PuzzleStack and Balance: Buying Toys?Learning ExperiencesProblem Solving: How Will I Get It Out?Problem Solving: Try a ToolPuzzles: Shape SorterPuzzles: Face Puzzle	Parent Education Patterns: Building Brain Power Problem Solving: Solving Child-Sized Problems <u>Learning Experiences</u> Independence: Hide-and-Seek Nature: Playing in the Rain Problem Solving: Bubbles Up Squeezing: Spray Bottle Fun
C-7. Uses reasoning and planning to solve problems.	<u>Parent Education</u> Block Play: The Power of Block Play <u>Learning Experiences</u> Body Language: I Want That Getting Ready to Walk: Roll a Ball Brain Boosters: Tunnel Fun Do It Again: Squeak, Squeak	Parent Education Fill, Dump, Push, Pull: Push and Pull Toys Playing Games: Playing Hiding Games Problem Solving: Developing Problem- Solving Skills Puzzles: Choosing the Right Puzzle Learning Experiences Playing Games: Hide-and-Seek Puzzles: Cereal Box Puzzle Teaching Manners: Squabble Support	Parent EducationPatterns: Building Brain PowerProblem Solving: Solving Child-SizedProblemsLearning ExperiencesFive Senses: What Do You Hear?Number Concepts: More or LessProblem Solving: Bubbles UpProblem Solving: Nesting GameProblem Solving: What Goes Together?

C-8. Develops sense of number and quantity.	Parent Education Math Language: Everyday Math Learning Experiences Math Language: Counting Rhyme Math Language: Everyday Counting	<u>Learning Experiences</u> Stack and Balance: Copy My Stack Matching: Two Make a Pair	Learning Experiences Number Concepts: Five Little Ducks Number Concepts: More or Less Number Concepts: One, Two, Three Jump Number Concepts: Stories about Three
C-9. Uses spatial awareness to understand objects and movement.	Math Language: Fill and Dump Math Language: Little Monkeys Parent Education Tummy Time: Tummy Time Tips Moving to Music: Why Music?	Parent Education Nurturing Intelligence: Eight Kinds of "Smart" Playing Games: Playing Hiding Games	Sequencing: Three Little Tadpoles Sorting: Sorting Games <u>Learning Experiences</u> Problem Solving: Nesting Game Problem Solving: Homemade Puzzles Scribble and Draw: My Name
	Learning Experiences Outdoor Exploring: Swinging Eating Time: Here Comes the Airplane Brain Boosters: Face Puzzle Perspective: A Change of View Rolling Objects: Roll a Ball	Learning ExperiencesEye-Hand Coordination: Car Line-UpOpposites: In and OutOpposites: Move with MePlaying Games: Hide-and-SeekPlaying Games: ChasePlaying with Balls: Ball HolderSongs and Rhymes: Head, Shoulders, Kneesand ToesStack and Balance: Cardboard Box Blocks	Sequencing: Toys in a Line Shapes: Shape Step Shapes: Shape Travel Sorting: Size Sort
C-10. Uses matching and sorting to understand similar/different characteristics.	Parent Education Math Language: Everyday Math Learning Experiences Mirror, Mirror: Look at Me	Parent Education Matching: Matching through the Day Sorting: Building a Strong Math Foundation Stack and Balance: Buying Toys? Learning Experiences Colors: Color Cubes Colors: Color Bottles Language Games: Name It Matching: Two Make a Pair Matching: Make a Match	Parent EducationSound Discrimination: Playing withSoundsLearning ExperiencesCompare and Contrast: ComparingContainersCompare and Contrast: Two of a KindFive Senses: What Do You Hear?Healthy Foods: Healthy Foods or Treat?Legs and Feet: Little AntMatching: Bottle LidsMatching: Pairs of Shoes

		Matching: Heart Hunt Sorting: Two Groups Sorting: Which One Doesn't Belong? Sorting: My Sorting Rule Water Play: See It Float	Matching: Shadow Match Opposites: Big and Little Patterns: Stringing "Beads" Problem Solving: Homemade Puzzles Problem Solving: What Goes Together? Shapes: Shape Match Sorting: Color Sort Sorting: Little Helper Sorting: Size Sort Tear and Cut: Tear and Compare
C-11. Observes and imitates sounds, words, gestures, actions, and behaviors.	Parent EducationBaby Games: Game Time!Cause and Effect: Your Little ScientistMoving to Music: Why Music?Learning ExperiencesBaby Games: Ride a Little HorsieBaby Games: Peek-a-Book for TwoBody Parts: Eyes, Ears, Nose, and MouthFinger Plays: Hand MovementsLaughing: And It FallsReach and Grasp: Reach Out and Grab ItGetting Ready to Walk: Walking My BabyHearing: Little DrummerImitation: See and DoImitation: Watch MeMy Family: Family Finger SongMy Fingers: Pull It OutMy Fingers: Twinkle FingersBonding with Baby: Sing!Feet and Toes: Pat-a-Cake FeetI Know My Name: Alliterative NamesFun with Sounds: Beep, Beep, VroomFun with Sounds: Pitter, PatterGetting Ready to Talk: Sing a SongRhyme Time: I'm HidingSinging: I Love You	Parent Education Copycat Movements: Set a Good Example Finger Plays: More Finger Plays Matching: Matching through the Day Learning Experiences Active Play: Wiggles Copycat Movements: Be My Shadow Finger Plays: Hands Playing Games: Stop and Go Rhyming: Rub-a-Dub-Dub Teaching Manners: Please and Thank You Teaching Manners: My Body Talks Using Gestures: Flap Like a Bird Washing Hands: Soap Play	Parent Education Pretend Play: The Power of Pretend Play Imitation: Do as I Do Learning Experiences Hands and Fingers: Hands Can Clap Imitation: Be a Cat Imitation: Copy My Face Imitation: Follow the Leader Imitation: I Can, Can You? Opposites: Act it Out Pretend Play: Pretend and Move Sequencing: Making "Cookies" Sound Discrimination: Copy This

C-12. Uses objects or symbols to	Parent Education	Parent Education	Parent Education
represent something else.	Brain Boosters: Concrete-to-Abstract Thinking	Pretend Play: Play and Pretend	Pretend Play: The Power of Pretend Play Scribble and Draw: From Scribbles to Letters
	Learning Experiences Emerging skill for 0-9 months	<u>Learning Experiences</u> Finger Plays: Two Little Blackbirds Finger Plays: 'Round the House	Sequencing: What Comes Next? <u>Learning Experiences</u> Number Concepts: Five Little Ducks Pretend Play: Prop Boxes Pretend Play: Tea Party Pretend Play: Tent of Make-Believe
C-13. Uses pretend play.	Learning Experiences Emerging skill for 0-9 months Hugs and Cuddles: Hugs Laughing: Bringing Toys to Life	Learning Experiences Fill, Dump, Push, Pull: Sleigh Pull Giggle and Laugh: Meet Mr. Toe Giggle and Laugh: Jack-in-the-Box Interacting with Others: Taking Care of Baby Pretend Play: It's for You Pretend Play: Sweeping Pretend Play: Tiny Seed Pretend Play: What's Inside? Songs and Rhymes: Teddy Bear, Teddy Bear Water Play: Car Wash	Parent Education PagesPretend Play: The Power of Pretend PlayLearning ExperiencesCreativity: Dance and MoveGood Manners: Order PleaseLegs and Feet: Bicycle FunPersonal Care Routines: Tooth BrushingPlayPretend Play: Pretend and MovePretend Play: Prop BoxesPretend Play: Tea PartyPretend Play: Tent of Make-Believe
PERCEPTUAL, MOTOR AND PHYSICAL	Ages 0-12 months	Ages 8-18 months	Ages 18-36 months
PMP-1. Uses perceptual information to understand.	Parent Education Rolling Objects: Supporting Your Baby's Movement	Parent Education How Does It Work?: What Is Exploration?	Parent Education Texture Touch: Is My Child Too Sensitive?
	Learning Experiences Bath Time: Bath Time Receptive Language: Over and Under Receptive Language: Hard and Soft Rolling Over: Tummy to Back	<u>Learning Experiences</u> Matching: Make a Match Problem Solving: How Will I Get It Out?	Learning Experiences Greetings: Making Eye Contact Squeezing: Spray Bottle Fun Texture Touch: Touchy-Feely Texture Touch: Slimy Paint Texture Touch: Tactile Play Dough Texture Touch: Texture Hunt
PMP-2. Uses perceptual information to direct own actions.	Parent Education Tummy Time: Tummy Time Tips Sensory Play: Sensory Play	Parent Education Fill, Dump, Push, Pull: Push and Pull Toys Matching: Matching through the Day	Parent Education Hands and Fingers: Hands and Fingers Run and Jump: Gross Motor Development

	Rolling Objects: Supporting Your Baby's Movement Rolling Over: Building Baby Muscles <u>Learning Experiences</u> Reach and Grasp: Kitchen Toys Reach and Grasp: Drop Slot Shake, Shake: Shake It Out Getting Ready to Walk: Standing in Your Lap Brain Boosters: Tunnel Fun Do It Again: Build It Again Spatial Awareness: Tunnel Fun Rolling Over: Back to Tummy Rolling Over: Rolling Logs	Learning Experiences Active Play: Where Does This Go? Art Explorations: Sponge Prints Cause and Effect: Bowling Climbing: Over Pillows Climbing: Playground Climbing Eye-Hand Coordination: Ring around the Bottle Eye-Hand Coordination: Drop the Clothespin Fill, Dump, Push, Pull: Pushing with Purpose I Can Feed Myself: Drinking with a Straw Listening: Listen and Look Outdoor Play: Bubble Chaser Playing with Balls: Ball Roll Pretend Play: Tiny Seed Puzzles: Shape Sorter Sorting: My Sorting Rule Stack and Balance: Cardboard Box Blocks	Learning Experiences Ball Play: Hit the Ball Ball Play: Kick the Ball Ball Play: Roll and Catch Ball Play: Roll and Catch Ball Play: Throw the Ball Eye-Hand Coordination: Twist and Turn Legs and Feet: I Can Jump Matching: Shadow Match Patterns: Drumming Patterns Run and Jump: First Jumps Run and Jump: First Jumps Run and Jump: Running Scoop and Pour: Pouring Shapes: Shape Travel Sorting: Color Sort Sorting: Sorting Games "Where?" Words: Inside and Outside "Where?" Words: On and Off "Where?" Words: Over and Under "Where?" Words: Up and Down
PMP-3. Uses large muscles for movement.	Parent EducationTummy Time: Tummy Time TipsGetting Ready to Walk: Learning to WalkSitting Up: Sitting SafetyRolling Objects: Supporting Your Baby'sMovementRolling Over: Building Baby MusclesLearning ExperiencesBaby Workout: Arms High, Arms LowBaby Workout: Exercising to WalkBrain Boosters: Think to ScootBubbles: Pop the BubblesBubbles: Tummy Time BubblesCrawling: Forward and BackwardCrawling: Push Up	Parent EducationCause and Effect: Windows of OpportunityPlaying with Balls: Tips for Ball PlaySongs and Rhymes: Singing GamesWatch Me Move: Safety Tips for BeginningWalkersLearning ExperiencesActive Play: Where Does This Go?Active Play: Exercise with MeClimbing: Over PillowsClimbing: StairsCopycat Movements: Copycat GamesCopycat Movements: Action Words GameFill, Dump, Push, Pull: Pushing with PurposeIndependence: A Little Help, Please	Parent EducationLegs and Feet: Safety Tips for Ride-OnToysReducing Stress: Family FitnessRun and Jump: Gross MotorDevelopmentLearning ExperiencesBall Play: Hit the BallBall Play: Throw the BallHands and Fingers: Hands Can ClapImitation: I Can, Can You?Legs and Feet: Bicycle FunLegs and Feet: I Can JumpLegs and Feet: Little Steps, Big StepsPatterns: Patterns I Can HearReducing Stress: ExerciseRun and Jump: First Jumps

	Crawling: Scooting Feet and Toes: Kicking My Feet Getting Ready to Walk: Baby Squats Moving to Music: Bicycle Moving to Music: Legs Up, Boo! Moving to Music: Toe-to-Ear Stretch Rolling Over: Back and Forth Rolling Over: Back to Tummy Rolling Over: Rolling Logs Sitting Up: Baby Sit-Ups Sitting Up: Balance Sitting Up: Heads Up Sitting Up: Sitting Games Tummy Time: Belly Crawl	Nurturing Intelligence: I've Got Moves Outdoor Play: Run to the Sun Playing Games: Chase Playing Games: Stop and Go Self-Control: Freeze Watch Me Move: Marching Water Play: Car Wash	Run and Jump: Jump Forward Run and Jump: Jump Up and Down Run and Jump: Running Traditional Tales: Goldilocks and the Three Bears "Where?" Words: Over and Under
PMP-4. Uses large muscles to explore.	Parent EducationBaby Games: Game Time!Baby Workout: Working Out With Your BabyTummy Time: Tummy Time TipsGetting Ready to Walk: Learning to WalkMirror, Mirror: Mirror PlaySpatial Awareness: Exploring SafelyRolling Over: Building Baby MusclesLearning ExperiencesGetting Ready to Walk: Roll a BallFeet and Toes: Here Are My Feet	Learning Experiences Climbing: Playground Climbing Climbing: Climbing Down Independence: On the Move Playing with Balls: Ball Kick Self-Control: Bubble Stomp Songs and Rhymes: Head, Shoulders, Knees and Toes Watch Me Move: Streamer Dancing Watch Me Move: Giant Steps, Baby Steps Water Play: Water Painting	Parent EducationReducing Stress: Family FitnessRun and Jump: Gross MotorDevelopmentLearning ExperiencesImitation: Be a CatNature: Playing in the Rain
PMP-5. Uses senses and body awareness to understand how body relates to environment.	Parent EducationTummy Time: Tummy Time TipsGetting Ready to Walk: Learning to WalkSitting Up: Sitting SafetySpatial Awareness: Exploring SafelyRolling Objects: Supporting Your Baby'sMovementRolling Over: Building Baby MusclesLearning ExperiencesBaby Workout: Super Baby	Parent Education How Does It Work?: What Is Exploration? <u>Learning Experiences</u> Cause and Effect: Shadow Dancing Independence: On the Move Nurturing Intelligence: I've Got Moves Opposites: Playground Opposites Outdoor Play: Up to the Sky	Parent EducationReducing Stress: Family FitnessRun and Jump: Gross MotorDevelopmentLearning ExperiencesBall Play: Kick the BallRun and Jump: Jump Forward

	Outdoor Exploring: Outdoor Outing Outdoor Exploring: Swinging Tummy Time: Tummy to Tummy Tummy Time: Floor Time Bath Time: In the Big Tub Eating Time: Mealtime Chats Mirror, Mirror: Tummy Time Perspective: When I Roll Over Perspective: Point of View Sensory Play: Finger Paint Sitting Up: Balance Spatial Awareness: Up and Down Spatial Awareness: Tunnel Fun Rolling Objects: Fitness Ball Balance Rolling Over: Back and Forth	Outdoor Play: Run to the Sun Songs and Rhymes: Hungry Bird Watch Me Move: Walk the Line	
PMP-6. Coordinates hand and eye movements.	Parent EducationBaby Games: Game Time!Busy Hands: Growing Hands and FingersFinger Plays: Finger Plays for Little OnesReach and Grasp: Reaching & Grasping SkillsShake, Shake: Guidelines for Baby RattlesBlock Play: The Power of Block PlayColors: Your Baby's First Eye ExamSensory Play: Sensory PlaySpatial Awareness: Exploring SafelyLearning ExperiencesBusy Hands: Squeeze the SpongeFinger Plays: Spider FingersBath Time: Splash and SingImitation: I Can Copy YouSensory Play: Paint in a BagRolling Objects: Water Bottle Rollers	Parent EducationEye-Hand Coordination: Left-Handed orRight-Handed?Puzzles: Choosing the Right PuzzleSmall Muscle Skills: Growing Hands andFingersLearning ExperiencesArt Explorations: Play DoughEye-Hand Coordination: Pie Tin SymphonyEye-Hand Coordination: Ring around theBottleEye-Hand Coordination: Car Line-UpEye-Hand Coordination: Drop the ClothespinI Can Feed Myself: Using My FingersMy Hands Can: HandprintsOutdoor Play: Bubble ChaserPlaying with Balls: Ball HolderPlaying with Balls: Ball DropPretend Play: What's Inside?Puzzles: Cereal Box PuzzleSmall Muscle Skills: Pick and PeelSmall Muscle Skills: Scribble with Me	Parent EducationEye-Hand Coordination: Fine MotorDevelopmentHands and Fingers: Hands and FingersMatching: Vision DevelopmentPincer Grasp: Healthy Finger FoodsScribble and Draw: From Scribbles toLettersTear and Cut: Scissor Skills and SafetyTipsLearning ExperiencesBall Play: Roll and CatchColors: Finger PaintingCreativity: Drawing FunEye-Hand Coordination: Golf Tee PokeEye-Hand Coordination: StringingEye-Hand Coordination: Twist and TurnHands and Fingers: Hands Can PullMatching: Bottle LidsPatterns: Stringing "Beads"Pincer Grasp: Bubble Wrap PopPincer Grasp: Clothespin Pick Up

		Small Muscle Skills: Unwrap It Snack Time: Gelatin Jigglers Stack and Balance: Balance it in the Tub Water Play: Squeeze and Pour	Pincer Grasp: Drop It In Pincer Grasp: Eyedropper Art Scoop and Pour: Scoop Pennies Scribble and Draw: Fingers First Scribble and Draw: First Scribbles Sequencing: Top, Middle, Bottom Shapes: Shape Collage Shapes: Shape Collage Shapes: Shape Match Sharing: Learning to Wait Squeezing: Crumpling Paper Squeezing: Sponge Squeeze Tear and Cut: Getting Ready for Scissors Tear and Cut: Learning to Tear Tear and Cut: Torn Paper Creations
PMP-7. Uses hands for exploration, play and daily routines.	Parent EducationBaby Workout: Working Out With Your BabyBubbles: Make Your Own Safe BubblesBusy Hands: Growing Hands and FingersFinger Plays: Finger Plays for Little OnesReach and Grasp: Reaching & Grasping SkillsShake, Shake: Guidelines for Baby RattlesSpatial Awareness: Exploring SafelyLearning ExperiencesBubbles: Pop the BubblesBusy Hands: Fancy HandsBusy Hands: Reach for ItBusy Hands: Squeeze the SpongeFinger Plays: This Little FingerOutdoor Exploring: Outdoor TexturesReach and Grasp: Finger SqueezeReach and Grasp: Kitchen ToysCause and Effect: Shake to MusicMy Fingers: Twinkle FingersBlock Play: Block PlayBlock Play: Sensory BinsTexture Touch: Splash and GrabTexture Touch: Sticky Ball	Parent EducationEye-Hand Coordination: Left-Handed orRight-Handed?Finger Plays: More Finger PlaysHow Does It Work?: What Is Exploration?My Hands Can: Keeping Little Hands SafeNurturing Intelligence: Eight Kinds of"Smart"Small Muscle Skills: Growing Hands andFingersWashing Hands: Handwashing Is ImportantLearning ExperiencesActive Play: Ball TossArt Explorations: Finger PaintFill, Dump, Push, Pull: Splatter and CrashFill, Dump, Push, Pull: Fill and DumpFinger Plays: Ten Little FingersMy Hands Can: My HandsMy Hands Can: Watch My HandsNurturing Intelligence: Color My WorldPlaying with Balls: Ball RollPuzzles: Take the Pieces OutTeaching Manners: Gentle Touches	Parent EducationEye-Hand Coordination: Fine MotorDevelopmentHands and Fingers: Hands and FingersTear and Cut: Scissor Skills and SafetyTipsLearning ExperiencesColors: Play Dough MixingGentle Touches: One-Finger TouchGentle Touches: OppositesHands and Fingers: Hands Can PullIndependence: Let Me HelpPincer Grasp: Bubble Wrap PopScoop and Pour: PouringScoop and Pour: ScoopingSqueezing: Crumpling PaperSqueezing: Sponge SqueezeSqueezing: Spray Bottle FunTear and Cut: Tear and CompareTear and Cut: Torn Paper CreationsTexture Touch: Slimy PaintTexture Touch: Slimy PaintTexture Touch: Tactile Play Dough

PMP-8. Adjusts reach and grasp to use tools.	Parent Education Busy Hands: Growing Hands and Fingers Shake, Shake: Guidelines for Baby Rattles Learning Experiences Reach and Grasp: Reach Out and Grab It Hearing: Little Drummer Math Language: Fill and Dump	Parent EducationEye-Hand Coordination: Left-Handed orRight-Handed?Small Muscle Skills: Growing Hands andFingersLearning ExperiencesArt Explorations: Shaker ArtArt Explorations: Sponge PrintsI Can Feed Myself: Using a SpoonOutdoor Play: Sandbox TreasuresPretend Play: SweepingWashing Hands: Washing RocksWater Play: Squeeze and Pour	Parent EducationEye-Hand Coordination: Fine MotorDevelopmentTear and Cut: Scissor Skills and SafetyTipsLearning ExperiencesPincer Grasp: Clothespin Pick UpPincer Grasp: Eyedropper ArtScoop and Pour: Kitchen HelperScoop and Pour: Scoop PenniesScoop and Pour: ScoopingTear and Cut: Getting Ready for Scissors
PMP-9. Demonstrates healthy behaviors as part of everyday routines.	Parent EducationBaby Workout: Working Out With Your BabyBath Time: Safety Tips for Bath TimeDiaper Changing: Diaper GamesEating Time: As Your Baby EatsHearing: Protect Your Baby's HearingImitation: Your Little Copycat!My Fingers: Taking Care of Baby's FingersColors: Your Baby's First Eye ExamFeet and Toes: Caring for Little Feet & ToesI Know My Name: Is My Child DevelopingNormally?Look at That: Protecting Your Baby's EyesPerspective: Safe SleepSitting Up: Sitting SafetyCrawling: How to Keep Your Crawling BabySafeOn the Move: Car Seat SafetyLearning ExperiencesBaby Workout: Dance with MeBath Time: Splash and SingBath Time: Bath TimeBath Time: In the Big Tub	Parent EducationActive Play: Getting Enough SleepCopycat Movements: Set a Good ExampleGiggle and Laugh: The More You LaughI Can Feed Myself: Good NutritionInteracting with Others: Separation AnxietyListening: Learning How to ListenOn the Go: Travel Bag ChecklistRhyming: Rhymes for RoutinesSnack Time: Healthy SnacksSound Discrimination: Your Baby's HearingWashing Hands: Handwashing Is ImportantWater Play: Water SafetyLearning ExperiencesActive Play: Exercise with MeWashing Hands: This Is the WayWashing Hands: Developing Healthy Habits	Parent EducationFaces: 6 Ways to Help Your Toddler LearnHealthy Foods: How to Handle a PickyEaterListening Ears: Screen TimeNature: Sun SafetyNumber Concepts: How Tall Will MyChild Be?Personal Care Routines: Making PersonalCare FunPincer Grasp: Healthy Finger FoodsReducing Stress: Family FitnessTexture Touch: Is My Child Too Sensitive?Learning ExperiencesPersonal Care Routines: Brush Your TeethPersonal Care Routines: Tooth BrushingSongPersonal Care Routines: Tooth BrushingPlayReducing Stress: Exercise

	Calming Baby: I Can Do It		
PMP-10. Learns differences between safe and unsafe play behaviors.	Parent EducationBubbles: Make Your Own Safe BubblesOutdoor Exploring: Outdoor SafetyReach and Grasp: Reaching & Grasping SkillsShake, Shake: Guidelines for Baby RattlesBath Time: Safety Tips for Bath TimeEating Time: As Your Baby EatsHearing: Protect Your Baby's HearingImitation: Your Little Copycat!Mirror, Mirror: Mirror PlayMy Family: The Family PetMy Fingers: Taking Care of Baby's FingersLook at That: Protecting Your Baby's EyesPerspective: Safe SleepSitting Up: Sitting SafetySpatial Awareness: Exploring SafelyOn the Move: Car Seat SafetyLearning ExperiencesEmerging skill	Parent Education Climbing: Keeping Your Little Climber Safe My Hands Can: Keeping Little Hands Safe Outdoor Play: Sand Play Safety Playing Games: Playing Hiding Games Playing with Balls: Tips for Ball Play Sound Discrimination: Your Baby's Hearing Watch Me Move: Safety Tips for Beginning Walkers Water Play: Water Safety Learning Experiences Emerging skill Climbing: Stairs	Parent EducationBall Play: Ball Play SafetyCompare and Contrast: Eye Care andSafetyCreativity: Creative SafetyCuriosity: Exploring SafelyGreetings: Greetings SafetyImitation: Do as I DoIndependence: Set Rules and LimitsLegs and Feet: Safety Tips for Ride-OnToysNature: Sun SafetySorting: Keeping Your Toddler SafeSqueezing: Keeping Little Hands SafeTear and Cut: Scissor Skills and SafetyTips
PMP-11. Engages in healthy eating habits and makes nutritious food choices.	Parent Education Imitation: Your Little Copycat! Learning Experiences Emerging skill for 0-9 months	Parent Education I Can Feed Myself: Good Nutrition Snack Time: Healthy Snacks Learning Experiences I Can Feed Myself: Chew Your Food I Can Feed Myself: Using a Spoon Snack Time: Share a Smoothie Snack Time: Trail Mix	Parent EducationHealthy Foods: How to Handle a PickyEaterPincer Grasp: Healthy Finger FoodsLearning ExperiencesColors: Eating ColorsHealthy Foods: An Apple a DayHealthy Foods: Funny FoodHealthy Foods: Healthy Foods or Treat?Healthy Foods: Healthy Foods PlacematNature: Earth's Bounty